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SSC CPO 2025: Exam Syllabus and Pattern Guide

To succeed in the SSC CPO 2025 exam, candidates must thoroughly understand the syllabus and exam structure. Familiarity with the exam format and key topics is essential for effective preparation. Save this guide and ensure you study all topics, as each plays a critical role in your success. Key Update: SSC has implemented sectional timing in Paper 1, with each section allocated 30 minutes.

SSC CPO 2025: Key Details

Reviewing the syllabus and exam pattern is the first step toward preparing for the SSC CPO 2025 exam. Below is a summary of essential information:

Detail	Information
Exam Conducting Authority	Staff Selection Commission (SSC)
Positions	Sub-Inspector in Delhi Police and Central Armed Police Forces (CAPFs)
Exam Schedule	November–December 2025
Exam Mode	Online (Computer-Based Test)
Number of Questions	Tier 1: 200 Tier 2: 200
Exam Duration	Tier 1: 2 hours Tier 2: 2 hours
Scoring System	+1 mark per correct answer -0.25 mark per incorrect answer
Selection Stages	Tier 1, Physical Tests (PET/PST), Tier 2, Detailed Medical Examination (DME)
Official Website	www.ssc.gov.in

SSC CPO 2025 Exam Structure

The SSC CPO 2025 exam consists of four stages to select candidates for roles in Delhi Police, CAPFs, and CISF:

- Tier 1: Objective multiple-choice test (Online)
- Physical Tests (PET/PST): Assess physical endurance and standards
- Tier 2: English Language and Comprehension test (Online)
- Detailed Medical Examination (DME): Offline health evaluation

Exam Stages Overview

Stage	Examination Type	Mode
Tier 1	Objective Multiple Choice	Online (CBT)
PET/PST	Running, Jumping, and Physical Standards	Physical Test
Tier 2	Objective Multiple Choice (English)	Online (CBT)
DME	Medical Examination	Offline

SSC CPO Paper 1 Exam Pattern

- Total Questions: 200 multiple-choice questions
- Scoring: +1 mark for correct answers, -0.25 mark for incorrect answers
- Duration: 2 hours (120 minutes)
- Sectional Timing: 30 minutes per section (new for 2025)

Subject	Questions	Marks	Duration
General Intelligence & Reasoning	50	50	30 minutes
General Knowledge & Awareness	50	50	30 minutes
Quantitative Aptitude	50	50	30 minutes
English Comprehension	50	50	30 minutes
Total	200	200	2 hours

SSC CPO Paper 2 Exam Pattern

- Conducted after PET/PST
- Total Questions: 200 multiple-choice questions
- Scoring: +1 mark for correct answers, -0.25 mark for incorrect answers
- Duration: 2 hours (120 minutes)
- Focus: English Language and Comprehension (Online)

Subject	Questions	Marks	Duration
English Language and Comprehension	200	200	2 hours

SSC CPO 2025 Syllabus

The SSC CPO exam has two computer-based tiers with distinct syllabi. Stay informed about any updates to the 2025 syllabus and exam pattern for optimal preparation.

Paper 1 Syllabus

Paper 1 covers four key areas:

- General Intelligence & Reasoning: Evaluates logical and analytical skills
- General Knowledge & Awareness: Tests knowledge of current events and general facts
- Quantitative Aptitude: Assesses mathematical and numerical abilities
- English Comprehension: Measures grammar, vocabulary, and reading skills

General Intelligence & Reasoning	General Knowledge & Awareness	Quantitative Aptitude	English Comprehension
Verbal Reasoning	Current Events	Percentages	Reading Comprehension
Syllogism	Awards and Recognitions	Ratios and Proportions	Grammar
Circular Seating Arrangements	Books and Writers	Data Interpretation	Vocabulary
Linear Seating Arrangements	Sports	Mensuration and Geometry	Verbal Skills
Double Lineup	Entertainment News	Quadratic Equations	Synonyms and Antonyms

Scheduling	Notable Obituaries	Interest Calculations	Active and Passive Voice
Input-Output	Key Dates	Age-Based Problems	Para Jumbles
Blood Relations	Scientific Developments	Profit and Loss	Fill in the Blanks
Directions and Distances		Number Series	Error Spotting
Ordering and Ranking		Speed, Distance, and Time	
Data Sufficiency		Time and Work	
Coding and Decoding		Number Systems	
Code Inequalities		Data Sufficiency	

Paper 2 Syllabus

Paper 2 focuses on English Language and Comprehension, testing reading, grammar, and vocabulary skills.

Section	Syllabus
English Language and Comprehension	- Error Spotting - Fill in the Blanks - Vocabulary - Spelling - Grammar - Sentence Structure - Synonyms - Antonyms - Sentence Completion - Idioms and Phrases - Reading Comprehension

SSC CPO Physical Standard Test (PST)

Candidates who pass Paper 1 must undergo the Physical Standard Test (PST) and Physical Efficiency Test (PET).

Category	Height	Chest (Unexpanded)	Chest (Expanded)
Male (General)	170 cm	80 cm	85 cm

Hilly Regions (J&K, North East, Sikkim)	165 cm	80 cm	85 cm
Scheduled Tribes	162.5 cm	77 cm	82 cm
Female (General)	157 cm	-	-
Hilly Regions (J&K, North East, Sikkim)	155 cm	-	-
Scheduled Tribes	154 cm	-	-

SSC CPO Physical Efficiency Test (PET)

For Male Candidates

- 100-metre Race: 16 seconds
- 1.6 Km Race: 6.5 minutes
- Long Jump: 3.65 metres (5 chances)
- High Jump: 1.2 metres (3 chances)
- Shot Put (16 lbs): 4.5 metres (3 chances)

For Female Candidates

- 100-metre Race: 18 seconds
 - 800-metre Race: 4 minutes
 - Long Jump: 2.7 metres or 9 feet (3 chances)
 - High Jump: 0.9 metres or 3 feet (3 chances)
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SSC CPO Medical Test

Candidates must meet the following medical standards:

- Minimum Near Vision: N6 (better eye), N9 (worse eye)
 - Minimum Distant Vision: 6/6 (better eye), 6/9 (worse eye)
 - Physical Standards: No knock knees, flat feet, varicose veins, or squint
 - Eye Standards: No visual correction (e.g., glasses) permitted
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Additional Resources

- SSC CPO 2025 Notification: 3073 Vacancies (#)
 - SSC CPO 2025 Application (#)
 - Official SSC Website
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